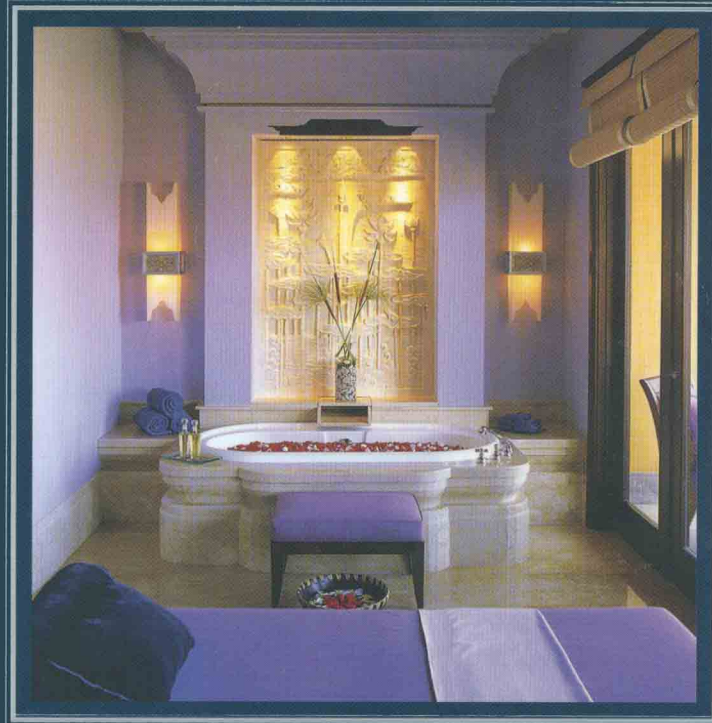


America's Best



Hotel & Resort Spas

Mobil ★★
Travel Guide

America's Best Hotel & Resort Spas

\$39.95

In today's fast-paced and frenzied world, where deadlines loom and pressures mount, taking time for ourselves is too often sidelined, yet it is one of the most important aspects of maintaining a healthy lifestyle. Far from the demands of the office and home, spas offer us an antidote to our hectic lives. They provide us with the most precious of commodities—time for reflection and relaxation. Spas help us reconnect with our bodies and minds through stress reduction, fitness and nutritional counseling, and physical or spiritual healing. Once the domain of the rich and famous, spas now cater to a wider range of clients, including everyone from corporate executives to stay-at-home mothers. Women are not the only ones embracing the spa lifestyle; men, too, are discovering the wonderful benefits of spas that deliver on their promises.

The spa industry is booming, with consumers spending more than \$2 billion annually. Mobil Travel Guide helps make sense of this growing market with *America's Best Hotel & Resort Spas*. For 45 years, we have been inspecting and rating lodgings and restaurants using an objective and rigorous methodology. Our trusted Mobil One- to Five-Star rating system is the oldest and most respected in North America. We have now applied this system to spas, delivering the first-ever unbiased spa rating system. In selecting the spas to include in this book, we evaluated everything from the facilities and services to guest comfort and convenience to provide our customers with the reliable information they have come to expect from Mobil Travel Guide.

The spas featured in this book represent an array of philosophies and a diversity of locales. From cool mountaintop havens and chic city hideaways to tropical paradises and peaceful desert oases, *America's Best Hotel & Resort Spas* is an inspiring journey of the senses.

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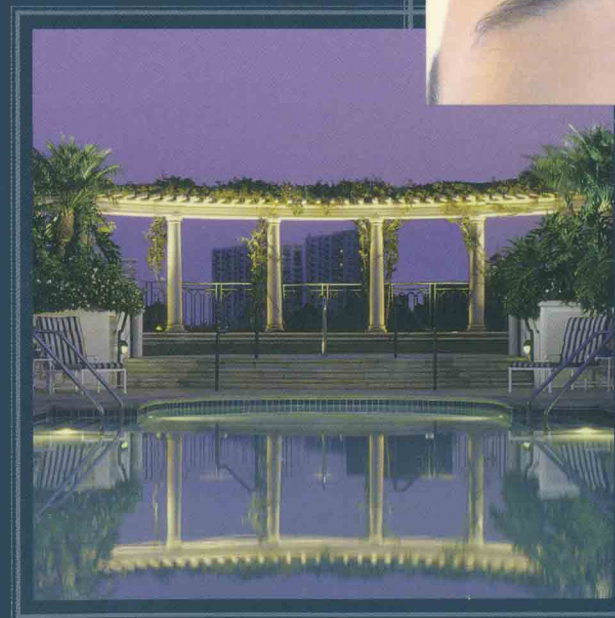
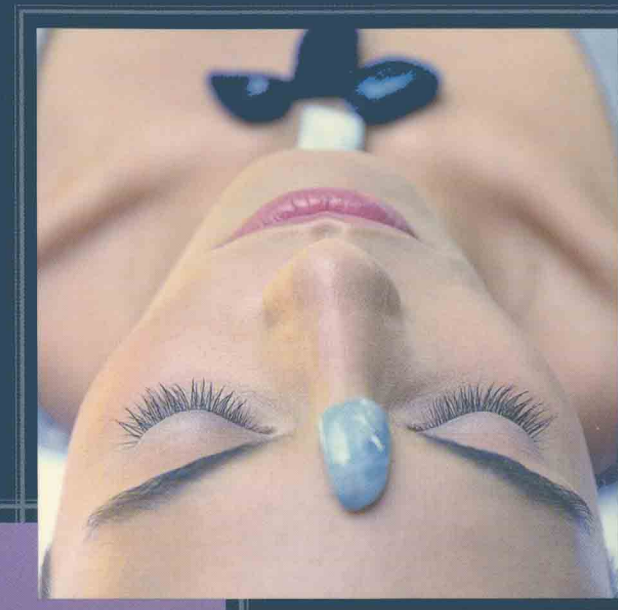
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Spas are havens of serenity, where you are allowed time for reflection, relaxation, and renewal. Yet too often, travelers are disappointed by the spa facilities they choose to visit. Whether an unprofessional therapist or an uninspiring treatment menu is to blame, your hard-earned dollars and precious time away deserve better.

America's Best Hotel & Resort Spas takes the guesswork out of spa-going and showcases the very finest spas in the United States and Canada. Well-appointed, consistently professional, and committed to guest satisfaction, the spas featured in this book have proven themselves to be the best in the industry. These spas underwent a rigorous and unbiased inspection process similar to the one that Mobil Travel Guide has been applying to lodgings and restaurants for 45 years. We are proud to be the first objective source of information about spas and hope that you will find this book to be both inspirational and indispensable.



Manufactured in USA

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